



# Elite Arts Company, LLC

## Winter-Spring 2024

*Enriching the lives of young dancers through the art of movement and self-love to invoke their passion, discipline, and growth both mentally and physically.*

<u>STUDIO 1</u>		<u>STUDIO 2</u>
<b>MONDAYS</b>		
Reserved for EAC Shadow Competition Team		
<b>TUESDAYS</b>		
<b>Ballet 4 / Perf. Pointe</b>	<b>4:00 - 5:00</b>	
<b>Ballet 3</b>	<b>5:00 - 6:00</b>	
<b>Pre-Pointe</b>	<b>6:00 - 7:00</b>	<b>Caterpillar Acro* <u>6-6:45</u></b>
<b>Acro 1 (1<sup>st</sup> Session)</b>	<b>7:00 - 8:00</b>	
<b>Acro 2 (1<sup>st</sup> Session)</b>	<b>8:00 - 9:00</b>	
<b>WEDNESDAYS</b>		
<b>Tap 1</b>	<b>5:00 - 6:00</b>	<b>TippyToes Tap* <u>5:30-6</u></b>
<b>Ballet 1</b>	<b>6:00 - 7:00</b>	<b>Kinderballet* <u>6-6:30</u></b>
<b>Acro 1 (2<sup>nd</sup> Session)</b>	<b>7:00 - 8:00</b>	
<b>Jazz 2</b>	<b>8:00 - 9:00</b>	
<b>THURSDAYS</b>		
<b>Contemporary 2</b>	<b>5:00 - 6:00</b>	
<b>Jazz 1</b>	<b>6:00 - 7:00</b>	<b>Tap 2</b>
<b>Ballet 2</b>	<b>7:00 - 8:00</b>	
<b>Acro 2 (2<sup>nd</sup> Session)</b>	<b>8:00 - 9:00</b>	
<b>FRIDAYS</b>		
<b>Contemporary 1</b>	<b>5:30 – 6:30</b>	

\*Kiddo Classes (ages 3 – 5) are only 30 or 45 min. this semester\*

\*\*Email [EACdance@outlook.com](mailto:EACdance@outlook.com) if you have questions about what courses are a good fit for your dancer\*\*



## TO ENROLL IN EAC WINTER-SPRING DANCE CLASSES:

- 1) Enroll / Log into StudioBookings
  - a) Either via the phone App or online at [www.studiobookingsonline.com/EliteArtsCompany](http://www.studiobookingsonline.com/EliteArtsCompany) --> Find Elite Arts Company
- 2) Navigate to the store → Purchase one (1) “WinterSp24\_” enrollment package for the dance class you are enrolling in.
  - a) Caterpillar Acro (“WinterSp24\_CATERPILLAR ACRO”) = \$235.00 for 45 min. weekly classes for 17 weeks + Spring showcase
  - b) Kinderballet & TippyToes Tap (“WinterSp24\_KINDERBALLET” and “WinterSp24\_TIPPYTOES TAP”) = \$155 for 30 min. weekly classes for 17 weeks + Spring showcase
  - c) All other classes = \$315 for hour weekly classes for 17 weeks + Spring showcase
  - d) **If you require a Monthly Payment Plan**, please purchase the “WinterSp24\_MONTHLY PAYMENT PLAN” package – one package for each class you are enrolling in and email [EACdance@outlook.com](mailto:EACdance@outlook.com) to communicate which class(es) is going under the payment plan. This will allow you to pay 25% now, followed by three 25% payments on March 1<sup>st</sup>, April 1<sup>st</sup>, and May 1<sup>st</sup>.

NOTE: If you are on the 2023-2024 Shadow Competition Team, you will need to enroll in one acro class, one ballet class, AND purchase the “WinterSp24\_SHADOW COMPETITION” class. \*\*

**\*\*If you have any issues or questions with the enrollment process, please email [EACdance@outlook.com](mailto:EACdance@outlook.com)\*\***

The EAC Winter-Spring Semester 2024 **begins Monday, January 15<sup>th</sup>** and runs for 17 weeks. This does include two Spring Showcases (recital) on Friday, May 17<sup>th</sup> (6:30pm) and Saturday May 18<sup>th</sup> (3:00pm).





## For Ages 3 – 5

**\*\*Must be out of diapers and fully potty-trained\*\***

<p><b>Kinderballet</b> <i>Miss Brie</i> Wednesdays <b>6:00 – 6:30pm</b></p>	<p>Ages 3 – 5. Kinderballet is perfect for the little girl or boy in your life who dreams of being a ballerina or ballerino! This class will feature beginner ballet technique while incorporating storytelling and games! At the end of this class, your child will have a better understanding of their body and how it moves, while also gaining a few skills to show off at your next family gathering. Ballerinas are required to wear pink tights, black leotard, and ballet shoes. <b>**Must be out of diapers and potty-trained**</b></p>
<p>Ages 3 – 5. Caterpillar Gymnastics is for the fun-loving and energetic kiddos in your life! Boys and girls will learn the basics of acro/gymnastics in a safe environment. Kids will learn some cool beginner acro “tricks” while making friends and improving flexibility and strength. Educational games are incorporated throughout the semester. Gymnasts are required to wear comfy moveable clothes and acro/jazz shoes. <b>**Must be out of diapers and potty-trained**</b></p>	<p><b>Caterpillar Gymnastics</b> <i>Miss Brie</i> Mondays <b>6:00 – 6:45pm</b></p>
<p><b>Tippy Toes Tap</b> <i>Miss Brie</i> Wednesdays <b>5:30 – 6:00pm</b></p>	<p>Ages 3 – 5. This class is great for kiddos who love moving and making sounds with their feet! Tappers will begin to learn musicality by practicing counting to music and staying with a beat. Fun educational games will be incorporated throughout the semester. Tap shoes are required. <b>**Must be out of diapers and potty-trained**</b></p>

## Beginner

<p><b>Ballet 1</b> <i>Miss Natalie</i> Wednesdays <b>6:00 – 7:00pm</b></p>	<p>Ages 6 – 8. Ballet 1 features basic ballet technique and terminology while introducing music theory. With memorization games and ballet activities, your child is guaranteed to go home tired, but wanting more. Students will learn balance, poise, grace, and a few fun French ballet terms to whip out at trivia night. Ballerinas are required to wear pink tights, black leotard, and ballet shoes.</p>
<p>Ages 6+ Skill-Based. Acro 1 focuses on flexibility and basic tricks used in acrobatic routines. Gymnasts will learn the proper way to perform somersaults, handstands, cartwheels, backbends and more! This is our most popular class, so be sure to enroll today before spots are filled! Gymnasts are required to wear comfy moveable clothes and acro/jazz shoes. NOTE: We are currently offering two sessions of Acro 1 (due to class popularity); if there is enough interest, EAC will add a third session.</p>	<p><b>Acro 1</b> <i>Miss Brie</i> Tuesdays 7 – 8pm OR <i>Miss Melissa</i> Wednesdays 7 – 8pm</p>





### Beginner (continued)

<p><b>Tap 1</b>  <b>Miss Melissa</b>  <b>Wednesdays</b>  <b>5:00 – 6:00pm</b></p>	<p>Ages 6+ Skill-Based. This class is great for beginner tappers! We will learn and review basic tap steps and begin to turn those steps into choreography. Tap 1 builds strength through bar exercises and reinforces musicality through floor exercises. Tap shoes are required.</p>
<p>Ages 6 – 12 Skill-Based. This upbeat class is for those kids who enjoy the technique of ballet but want a higher tempo. This class features across the floor routines, basic technique training, beginner turns, and more! This class will also feature a musical theater themed class once a month!</p>	<p><b>Jazz 1</b>  <b>Miss Shannon</b>  <b>Thursdays</b>  <b>6:00 – 7:00pm</b></p>

### Intermediate

<p><b>Ballet 2</b>  <b>Miss Natalie</b>  <b>Thursdays</b>  <b>7:00 – 8:00pm</b></p>	<p>Ages 9 – 12/13. Advancing from Ballet 1, this Ballet 2 class will feature even MORE ballet terminology for your child to learn. This class, while focusing on balance and poise, will also begin to incorporate strength into their movement. Over the course of the semester, dancers will begin to understand body autonomy and which muscle groups help specific movements, which, in the long run, will better their dancing abilities across all genres. Ballerinas are required to wear pink tights, black leotard, and ballet shoes.</p>
<p>Ages 10 – 13 Skill-Based. <b>**Required for Pre-Pointe**</b> Ballet 3 is the more advanced version of Ballet 2. Students in this class should already have ballet experience and a basic understanding of mid-level terminology. This class will focus on poise, grace, and strength, in addition to incorporating a new concept: Stamina. Students in Ballet 3 will have a better appreciation for advanced-level dancing and have fun in the process. If a student is taking pre-pointe, Ballet 3 or 4 is required. Ballerinas are required to wear pink tights, black leotard, and ballet shoes.</p>	<p><b>Ballet 3</b>  <b>Miss Natalie</b>  <b>Tuesdays</b>  <b>5:00 – 6:00pm</b></p>
<p><b>Pre-Pointe</b>  <b>Miss Natalie</b>  <b>Tuesdays</b>  <b>6:00 – 7:00pm</b></p>	<p>Ages 10/11+ <b>**By invitation only**</b> This class requires Ballet 2 or Ballet 3 completion in order to enter. Pre-Pointe starts off with the very basics of pointe, including ankle/foot muscle strengthening exercises, proper foot care, and proper shoe care. Throughout the semester, ballerinas(os) will progress to performing exercises in pointe shoes at the bar, and - if strong enough - eventually in the middle of the floor. This class must be passed in order to move up to Performance Pointe (Ballet 4). Ballerinas are required to wear pink tights, black leotard, and ballet shoes. If you feel your ballerina(o) meets the minimum qualifications for this class, please email <a href="mailto:EACDance@outlook.com">EACDance@outlook.com</a>.</p>





## Intermediate (continued)

<p>Ages 8+ <b>**Must have Front Limber**</b> Acro 2 is the next step up from Acro 1. Intermediate-level flexibility, strength, and acro tricks will be learned, including up to the beginning stages of a back handspring and aerial. A front limber is required in order to enter this class. Gymnasts are required to wear comfy moveable clothes and acro/jazz shoes.</p>	<p><b>Acro 2</b>  <b>Miss Melissa</b>  <b>Tuesdays 8:00 – 9:00pm</b>  <b>OR</b>  <b>Thursdays</b>  <b>8:00 – 9:00pm</b></p>
<p><b>Contemporary 1</b>  <b>Miss Shannon</b>  <b>Fridays</b>  <b>5:30 – 6:30pm</b></p>	<p>Ages 9 – 12. Contemporary 1 will focus on a foundation of dance technique as we begin to explore how we can continue to utilize technique while introducing movements not often found in a technique class. Students will focus on improvisational and creative exercises to supplement technique.</p>
<p>Ages 13+ Skill-Based. This upbeat class is for those dancers who have already learned the basics of Jazz. In Jazz 2, we learn how to expand on those basics by incorporating both strength and the performance element of showmanship. Must be working on a double-turn. This class will also feature a musical theater themed class once a month!</p>	<p><b>Jazz 2</b>  <b>Miss Melissa</b>  <b>Wednesdays</b>  <b>8:00 – 9:00pm</b></p>
<p><b>Tap 1</b>  <b>Miss Melissa</b>  <b>Wednesdays</b>  <b>5:00 – 6:00pm</b></p>	<p>Ages 6+ Skill-Based. This class is great for beginner tappers! We will learn and review basic tap steps and begin to turn those steps into choreography. Tap 1 builds strength through bar exercises and reinforces musicality through floor exercises. Tap shoes are required.</p>

## Advanced

<p><b>Ballet 4 /  Performance  Pointe</b>  <b>Miss Natalie</b>  <b>Tuesdays</b>  <b>4:00 – 5:00pm</b></p>	<p>Ages 13+ Skill-Based. Ballet 4 is the highest level of Ballet EAC currently offers. Students will be pushed to their limit - both physically and mentally - while learning new terminology, new technique drills, and strengthening activities. All dancers in this course are required to have at least one year or pre-pointe with Miss Natalie before entering. If you believe you belong in this class without the above qualification, please set up a one-on-one evaluation with Miss Natalie by emailing EACDance@outlook.com. Ballerinas are required to wear pink tights, black leotard, and ballet shoes.</p>
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### Advanced (continued)

<p>Ages 13+ Contemporary 2 will strongly emphasize combining ballet and modern techniques as we learn how to further push past the boundaries that can come with them. Classes include learning choreography that will require dancers to utilize their technical abilities while simultaneously cultivating their artistic "voice".</p>	<p><b>Contemporary 2</b>  <i>Miss Shannon</i>  <b>Thursdays</b>  <b>5:00 – 6:00pm</b></p>
<p><b>Tap 2</b>  <i>Miss Melissa</i>  <b>Thursdays</b>  <b>6:00 – 7:00pm</b></p>	<p>Ages 8+ Skill-based. Tap 2 is for advanced tappers; must have prior tap experience. This class will further tap skills with advanced tap steps, pushing tappers to the limits of their tapping speed and sound accuracy. Tappers will also begin to learn how to make their own "feet beats" via tap improv. Tap shoes are required.</p>

## Important Semester Dates Winter-Spring 2024

<b>December 4th</b>	Enrollment opens for EXISTING students
<b>December 18<sup>th</sup></b>	Enrollment opens for NEW students
<b>January 7th</b>	Open House 1:00 – 3:00pm
<b>January 15th</b>	Start of Winter-Spring Semester
<b>January 26th</b>	Winter Enrollment Closes
<b>March 25<sup>th</sup> – April 1<sup>st</sup></b>	Spring Break – NO CLASSES
<b>April 13<sup>th</sup></b>	Costume Day
<b>April 27<sup>th</sup></b>	Picture Day
<b>May 6<sup>th</sup> – 9th</b>	Showcase Runthrough Week
<b>May 15<sup>th</sup></b>	Showcase Dress Rehearsal
<b>May 17<sup>th</sup></b>	Showcase performance #1 (6:30pm)
<b>May 18<sup>th</sup></b>	Showcase performance #2 (3:00pm)

