



DFX Convention Information

BULLOCK CREEK AUDITORIUM

Feb 1-2 2025

If you are receiving this, that means you are heading to convention! That is very exciting and we are so excited for you to experience this specific convention for the first time along with us.

EAC-specific information for Convention can be found in this packet. As we receive more information from DFX, we will certainly let you know. Additional information can be found at <https://www.danceforceexpress.com/squareone> As we

Skill Level/class information:

We have included who is going to be in your room with you for classes, so you know who your buddies are. HOWEVER- we encourage kids to make friends with other teams and remember that while dancing on a team is great, you are there to learn for YOU. Any students who are goofing around with their friends and not taking the experience seriously will be separated from their teammates and will face repercussions in practice Monday.

EVALUATION SCHEDULE – SATURDAY, FEBRUARY 1ST: *For those of you performing in the evaluation competition, you should expect to be at Bullock Creek Auditorium at 2:30pm. Performance schedule is attached; Evaluation runs from 2:30 – 6:00ish.*

INTENSIVE SCHEDULE – SUNDAY, FEBRUARY 2ND : *See attached DFX page for schedule. Below are your groups (based on age & skill-level):*

Age 8 and under Beginner : Reagan Peterson, Charlotte Youngs

9-12 Beginner/Intermediate: Kennedy Cole, Breckyn DeRop, Maya Duhoski, Hadley Laurin, Paisley London, Julia McGregor, Kiera Meyers, Layla Pashak, Briella Smith, Kenzi Urbaniak, Brynn Zissler

13+ Beginner/Intermediate: Lily Meyer, Sarah English, Sophia LaLonde

What to wear:

This is very important for conventions. The biggest rule is NO LOGO WEAR. While normally we LOVE that you want to represent your studio, it is a no no at conventions. The next page has some examples of what you want to wear! Please remind your dancer it is not WHAT you wear, it's how you wear it. Confidence is everything. Your dancewear should be;

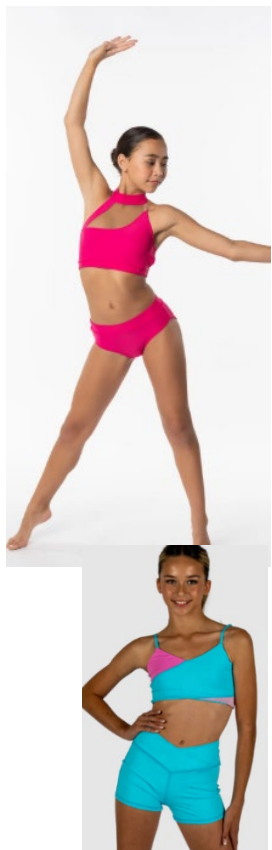
- **CLEAN**
- **COLORFUL/CONFIDENT**
- **WELL FITTING**
- **COMFORTABLE**

Clean- Dancewear should be stain free and rip free- we want all kids to make a good first impression. Makeup should be MINIMAL. What you would wear to school is enough. Hair should be clean, pulled back, and with NO fly aways.

Colorful- Don't be afraid to stand out! Colorful and unique sets can set you apart. Find a color that suits you and who YOU are. If you are most confident in a black leo and tights, ROCK IT. If you look great in a neon green crop top and shorts? Wear it with confidence.

Well fitting- Dancers need to be in DANCEWEAR. Leos, crop tops, sports bras, leggings, tights. Baggy t-shirts, sweat pants, pajama pants, etc. should not be worn.

Comfortable- This is key. You want to wear something you can wear for the ENTIRE event. Changing outfits halfway through a convention is not a good idea- what if a judge is looking for "the girl in orange and pigtails" and over break you put on a purple hoodie and changed your hair? Wear what you can dance in for hours. This also means if you are constantly pulling up your pants or messing with your straps, you are not fully focused on the experienced professionals teaching you. Maybe wear it to dance the week before to make sure it doesn't bother you! Tights are optional for dancers UNLESS they are choosing to only wear a leo. Dress in what makes you feel good and confident.

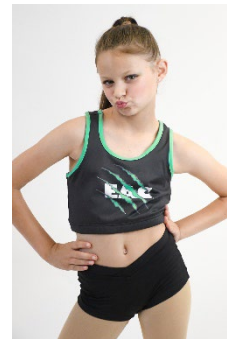
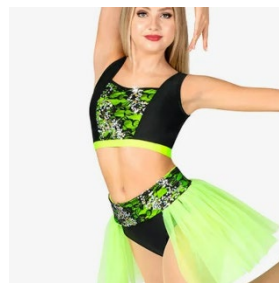


YES!

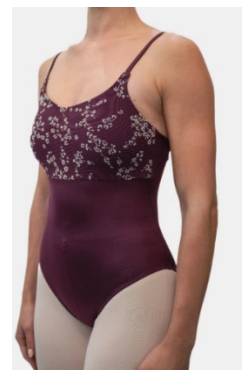


These are great options. Brightly colored, well fitting, and comfortable. The hot pink option and the leotard should have tan tights.

NO!



These are less great. The first has a skirt and is too distracting, the second is Hadley... no logo wear (sorry Hads.) the third is too baggy and big, and the last is too small and the spaghetti straps would bug anyone because the front comes down so low.



Talk to your dancer about how to SUCCEED!

Conventions are a lot of things. They are fun, exciting, informative. But they are also overwhelming! There are going to be a LOT of talented dancers in one room and it will be easy for your dancer to become discouraged or nervous. Here are a few tips/tricks you can talk with them about in order to set them up for success.

- Talk to them about THEIR goals. What do they want to get out of the weekend and how do they set themselves up to achieve them? (If their goals are “to get a scholarship” steer them in a more productive direction.)
- Chat with them about what they think about dancing with a dancer who is more advanced than them. Are they intimidated? Nervous? Help guide them to a more positive mindset! While they may be more technical than you, you can learn a lot from your peers!
- What does confidence mean to your dancer? How do they show confidence? A lot of times at conventions, they do not award the BEST dancer, but they award the dancer who is most confident and having FUN! How are they going to show the instructors their personality without ever having a conversation?
- Convention etiquette- their coaches will also talk to them about this, but it will help coming from you too! Cheer on other dancers no matter what. Don't be afraid to ask questions, but raise your hand and be respectful. At the end of each session, if your dancer feels comfortable, thank the instructor. Maybe go with other teammates in the room! Be kind, be respectful, be listening, and overall be yourself. We want each and every dancer to get the most out of this convention- and THAT is how you do it.

SATURDAY, FEBRUARY 1ST - EVALUATION SESSIONS

Entry #	Performer/Name	Routine	Entry Type	Age	Category	Level	Starting Time
1	JULIA MCGREGOR, KENZI URBANIAK	ME TOO	SQUARE ONE Duo/Trio Full Experience	Junior	Jazz	Beginner (Level 1)	02/01/2025 03:00 PM
2	BRYNN ZISSLER, KENNEDY COLE, PAISLEY LONDON	PERCUSSION	Additional Square One Duo/Trio	Junior	Open	Beginner (Level 1)	02/01/2025 03:02 PM
12	PAISLEY LONDON	GOLDEN	SQUARE ONE Solo Full Experience	Junior	Modern/Contemporary	Beginner (Level 1)	02/01/2025 03:32 PM
13	BRYNN ZISSLER	FIX YOU	SQUARE ONE Solo Full Experience	Junior	Modern/Contemporary	Beginner (Level 1)	02/01/2025 03:35 PM
15	KENNEDY COLE	PHOENIX RISING	SQUARE ONE Solo Full Experience	Junior	Lyrical	Intermediate (Level 2)	02/01/2025 03:41 PM
41	SARAH ENGLISH	YOU SHOULD SEE ME IN A CROWN	SQUARE ONE Solo Full Experience	Teen	Modern/Contemporary	Beginner (Level 1)	02/01/2025 05:01 PM

A total of 6 entries have been entered for you.



SQUARE ONE DANCE INTENSIVE 2025 SCHEDULE

Bullock Creek High School - Midland, Michigan - Sunday, February 2ND – 2025

SCHEDULE IS TENTATIVE AND SUBJECT TO CHANGE

AGES 12 and Under

8 and Under, 9-12 Intermediate and 9-12 Advanced Levels offered

REAGAN & CHARLOTTE

7:30 am Check In (main lobby)

EVERYONE ELSE

7:45-8:15 am Welcome/Warm Up/Technique

8:15-9:00 am Jazz (8 and Under)

Lyrical (9-12 INT)

Hip Hop (9-12 ADV)

9:05-9:50 am Lyrical (8 and Under)

Hip Hop (9-12 INT)

Jazz (9-12 ADV)

9:55-10:40 am Hip Hop (8 and Under)

Jazz (9-12 INT)

Lyrical (9-12 ADV)

10:45-11:15 am Spectators welcome; show routines, presentation of scholarships

11:15-11:45 am Lunch Break / Prepare for Showcase

11:45-12:30 pm SHOWCASE

AGES 13 and Over – ***Beginner/Intermediate and Advanced Levels offered***

SARAH, SOPHIA, LILY

12:30 pm Check In (main lobby)

12:45-1:15 pm Welcome/Warm Up/Technique

1:15-2:00 pm Hip Hop (Beginner/Intermediate)

Jazz (Advanced)

2:05-2:50 pm Jazz (Beginner/Intermediate)

Lyrical (Advanced)

2:55-3:40 pm Lyrical (Beginner/Intermediate)

Hip Hop (Advanced)

3:45-4:15 pm Spectators welcome; show routines, presentation of scholarships

Visit the 'SQUARE ONE' Event Page: www.DanceForceXpress.com